

Weekly Teachings

12/24/25

Spiritual Check Up

Greetings in the name of Jesus Christ or Nazareth our savior. We are called to proclaim the gospel of the kingdom of God. There are seven aspects of this commission, which are covered in the document "Seven promises of God". It is a common practice in society for the prosperous to visit the doctor (usually annually) to get what is call a physical or routine check-up. The purpose is to look at key indicators and address any abnormality before it becomes a major issue. This lesson is the start of a series called Spiritual Check-up. It is our goal to review certain vital aspects of our calling and seek to improve where we are deficient. Again, the seven promises are related to salvation, provision, healing, Lordship of Jesus, our victory, peace of God, the presence of God.

Now, it is vital as we perform our check-up, that we seek to improve our state. That is we are to grow in grace and knowledge (**2 Peter 3:18**). Last week's anointing is nor sufficient to advance our cause. God does not want us to stagnate. Like the apostle Paul, we must press on towards the mark of our high calling (**Philippians 3:14**). Too many are content with the status quo.

It would be helpful to make a list of the seven promises of God, and one by one prayerfully ask our heavenly father to guide us as we seek to grow deeper in him. Review the previous lessons on growing up spiritually and apply the concepts. We are familiar with Paul's admonition to Timothy to study (**2 Timothy 2:15**). It is not good for the soul to be without knowledge (**Proverbs 19:2**).

Another avenue to help us develop spiritually is to listen to in dept teaching on the subject that one is pursuing. God provides teachers, specially anointed in some subject matters and the ability to convey that knowledge. Make use of these resource. **Romans 1:10-11**, describes Paul desire to come and impart spiritual gifts. It may be that the congregation holds a fast to break down the opposition from the enemy. One hour of teaching can over come a decade of trial and error. Embrace these resource.

We are familiar with **Hosea 4:6** describing the lack of knowledge leading to God's people being destroyed. Pastors are responsible to provide spiritual nourishment for their flock. Are you following the teachings from your pastor? Do you have a pastor? We all need one! Grade you self as we pursue this spiritual check-up. This will help to create an action plan to advance our purpose. In this lesson we focused on salvation. In our next lesson we focus on health. Healthy lives are vital for God's people. See you then!

Please read then pass